



TAILORED TO TELEHEALTH: Adapting Your Clinical Practice to a Virtual Format with Annie Roberson, MT-BC

*"Annie is an innovative and thoughtful music therapist, and I am so grateful for her **expertise in taking our practice to the next level with teletherapy technologies**. I highly recommend Annie to any therapist considering offering teletherapy services and needing comprehensive support, from **technology know-how to nuanced therapeutic implications**. Annie is truly an asset to the entire music therapy profession." || Nikki Belshe, MT-BC*

Description: *Can telehealth songwriting be successful with no access to paper? How do you assist a client with motor goals from the other side of the screen?*

Telehealth can unlock access to music therapy for clients who cannot receive services in person, but the varying resources available from client to client make it challenging to effectively implement services. In this course, participants will learn about the limitations of technology, material resources, and physical support common in telehealth settings and develop strategies to adapt their clinical practice to support their clients in different scenarios. You don't always know what you'll find on the other side of the screen, but you can confidently approach telehealth sessions with a gameplan for adapting your clinical practice to new challenges.

Prerequisites: Facebook profile is recommended, not required. The course forum is held in a Facebook group. Participants may submit insights via email in lieu of the Facebook forum.

Board Certification Domains:

II.A.5.z: Participants will identify one challenge they may encounter in the telehealth setting and identify one strategy to adapt their clinical practice to support clients through that challenge.

Instructor Qualifications:

Annie Roberson is a board-certified music therapist whose clinical experience ranges from NICU infants to older adults and most everything in between. Annie has a background in digital marketing and is passionate about using technology to increase access to quality music therapy services through education, advocacy, and telehealth.

Video Course Format:

Section I: Intro and Outline (5 minutes)

- Personal introduction
- Course outline

Section II: Common Challenges in Telehealth (25 minutes)

- Technology
- Material resources
- In-person support

Section III: Adapting to Challenges (25 minutes)

- Technology
- Material resources
- In-person support
- Communicating with Caregivers/Staff

Section IV: Troubleshoot Pre-Selected Scenarios (15 minutes)

Section V: When to Terminate (5 minutes)

- Contraindications
- Eligibility & resources
- Ethical considerations
- Documentation

Section VI: Pep Talk (5 minutes)

Section VII: Question & Answer (20 minutes)

Total video time: 100 minutes

Number of CMTEs: 2 Price: \$55

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